

# AD BELLUM WRESTLING CAMPS



AT

**BENEDICTINE  
COLLEGE PREPARATORY**

## 2024 CAMP DATES

**ELITE  
TRAINING  
CAMP**

**JUNE 24-27**

**ACADEMY  
CAMP**

**JULY 1-3**

**BATTLE  
CAMP**




**JULY 15-18**

**REGISTER AT  
ADBELLUMWRESTLING.COM**

**FORMING VIRTUOUS MEN AND  
VICTORIOUS WRESTLERS.**

**BCP WRESTLING'S  
CHAMPIONSHIP-WINNING  
TRAINING COMPRISES  
AGGRESSIVE SET-UPS, PHYSICAL  
ATTACKS, EFFECTIVE DEFENSE, AS  
WELL AS INNOVATIVE TOP AND  
BOTTOM TECHNIQUES, THAT HAVE  
BEEN PROVEN AT ALL LEVELS OF  
COMPETITION.**



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-  AdBellumWrestling@gmail.com
-  AdBellumWrestling.com
-  Benedictine College Preparatory  
Richmond, Virginia

**BENEDICTINE WRESTLING TEAM | 5X VISAA TEAM STATE CHAMPIONS**

**39X INDIVIDUAL VISAA STATE CHAMPIONS | 29X INDIVIDUAL NATIONAL PREP ALL-AMERICANS**